

NORTHERN VETERANS' ALL COMERS CLOSED CIRCUIT 10 MILE CHAMPIONSHIP

WEDNESDAY 21ST JUNE 2023, STARTING @ 7PM

Promoted for and on behalf of Cycling Time Trials
under their Rules and Regulations

Organised by Cleveland Coureurs/Stockton Wheelers and supported by
Teesside local clubs & the North Group of Veterans Time Trials Association

**VENUE - CROFT MOTOR RACING CIRCUIT
WEST LANE, DALTON ON TEES, N YORKSHIRE, DL2 2PL**



RACE MANUAL

Welcome to this, the third VTTA Northern Veterans' 10 Mile Closed Circuit "All Comers" Championship to be held at the at the Croft Motor Racing Circuit in North Yorkshire.

Please enjoy your visit to the North Yorkshire and to the Croft Motor Circuit

Organiser details:

Gavin Russell, 2 Antrim Ave, Fairfield, Stockton-on-Tees, TS19 7JF Tel:01642 654419

Email: gavin_russell@hotmail.co.uk

Paul Kitson, 6, Goldcrest Close, Ingleby Barwick, Stockton-on -Tees, TS17 0TE Tel. 07971 266153

Email: cycling@kitson49.plus.com

Any complaints regarding event, should be received by the organizers within 24hrs of the finish of event.

IMPORTANT NOTICE: as you may be aware the 2023 British Cycling time trial championship is taking place earlier in the day. The roads surrounding the Croft circuit are to be closed for most of the day, with no access to the venue until after 4:30pm. Please arrange to arrive after 5pm. We have been assured by British Cycling, and insisted on by the circuit management, that the BC event will not impact on our evening events.

There is a "Come & Try It" club type event starting at 6:15pm. If there are more than 90 riders in the come & try it event, the additional riders will start after the last championship rider.

As an international motor racing circuit and in accordance with FIA rules and the circuits regulations, **NO ANIMALS ARE ALLOWED INTO THE VENUE.** With numerous notices displayed at the entrance to the circuit, the circuit security keep a close watch on this. With the circuit covered by a number of CCTV cameras, we have in the past experienced a number of incidents of visitors bring dogs onto the venue, **SO PLEASE DO NOT BRING PETS WITH YOU.**

Circuit details: T10C - The course consists of the closed Croft motor racing circuit, which is just over 2 miles in length. Starting at the speed de-restriction line at the North end of the pit lane, riders will join the main circuit and complete 5 laps. On the 5th lap, riders, keeping left out of sharp corner, should enter the south end of pit lane, to finish at the chequered board, placed at the speed restriction line. (10 miles)

Riders must count their own laps or be aware of distance covered, to ensure they turn into the pit lane at the end of lap 5.

Officials and timekeepers: The volunteers, drawn from across the VTTA North Group and the Teesside district, are providing the support on this evening. to ensure your attendance and participation is made as enjoyable as possible:

Event Parking: On entering the driveway to the circuit. continue on main drive and turn right onto grassed area at top, opposite the control tower. It has been agreed that all the cars associated with our event will be parked in this location.

Nominated Responsible Person on the Day: Gavin Russell, assisted by Thomas Salmon

Results: Paul Kitson (SWCC)

Sign-on & Numbers: Donna Jarp & Colin Leckenby (SWCC)

Timekeepers: David Oliver (Hartlepool CC), Colin Whitfield (SWCC), Gavin Russell (Cleveland Coureurs), Paul Kitson (SWCC) & Mike Penrice (VTTA Yorkshire Group)

Number Catcher: John Grant (Hartlepool CC) & Stuart Russell

Hospitality: Ruth Crossley (VTTA North Group) & supporting ladies. Refreshments will be provided free and available before, during and after the event.

Start Steward: Colin Lowe (SWCC)

VTTA NEC Representative: Mike Penrice

Eligible riders: All riders, who start the event, regardless whether they are members of the VTTA or not, are eligible for the awards. All riders must be over 40 years of age on the day of the event.

Awards: All Medals have been provided by the VTTA National Executive Committee.

Medals (gold, silver or bronze) will be presented to the first three in the following categories: Men (time trial machines), Women (time trial machines), Men (road bike machines) and Women (road bike machines). Winners will be declared on the result using the VTTA age handicap system.

Sign-On & Race Numbers: The sign-on and provision of numbers will take place in garage no 8, commencing at 5:15pm.

Start Time: The first rider will start circa 7:00pm, with following riders starting at 30second intervals. The riders list identifies your actual start time. Riders must start with one foot on the ground, NO TRACK STANDS.

Sign-Out & Race Numbers: After the event, please sign-out. Failure to sign-out will result in a DNF being posted in the results. Numbers should be returned to the sign-on area.

Toilets & Showers: Are situated opposite the control tower, in the single story wooden building.

Results: The rider's times will be displayed at the headquarters location (garage no 8) and will be published on CTT and VTTA websites and emailed to all riders.

Presentation: The presentation of the medals by the national VTTA representative, Mike Penrice, will be made as soon after the last rider has finished and all times have been displayed.

Photographs: No official photographer has been identified for this event, however, as with all Teesside District events, there will be a number of photographers present who will undoubtedly display their photos in various Facebook posts.

IMPORTANT INFORMATION: It is a CTT regulation that all riders must wear a helmet that meets recognized standards, whilst competing in time trials, whether on the open road or closed circuits.

It is also a CTT regulation that all riders start with a working front and rear light (affixed to the machine). There are a number of both front and rear lights available to borrow for the duration of the event, should you forget yours. Please enquire at the sign in table as to your requirements. Please can you return the lights, when signing out on completion of your ride.

When you have completed your ride, please keep the pit lane clear of supporters and riders, as other competitors may be finishing extremely fast and require the pit lane to slow down.

2023 Teesside District Road Bike Specification:

To compete in the 2023 road bike category in any Teesside District event, the following specification, which complies with the CTT regulations, (as amended at the 2022 national council meeting) is appropriate to the conditions of inclusion:

The Rider:

No time trial style pointy helmets (including Kask Bambino), or helmets with built in visors are to be worn.

Use of skinsuits is permitted

No riding with elbows or forearms on the handlebars. If witnessed, the competitor may be disqualified.

The Machine:

The frame should be constructed in the traditional pattern, i.e. built around a main triangle. Multi geared bikes as well as fixed wheel machines are permitted. Trikes of similar construction are permitted in this category.

No time trial style or triathlon forward extension bars with or without elbow pads will be used.

Wheels should be of a spoked construction, with a minimum of 12 spokes and a maximum depth of 90mm.

Please apply the spirit of the road bike competition in your equipment choice. Non-compliance with any of the above will result in the competitor being excluded from the road bike category.



First Rider to start at 7:00:30pm

Women's Road Bike Category						
No	Start Time	Name		Club/Team/Association	Age	H'cap
1	19:00:30	Lauren	Aylott	Stockton Wheelers CC	42	04:46
2	19:01:00	Deborah	Capewell	Team Ohten Aveas	57	06:19
3	19:01:30	Cheryl	Murray	Stockton Wheelers CC	41	04:41
4	19:02:00	Teri	Bayliss	Reifen Racing	45	05:02
5	19:02:30	Sarah	Minto	North Tyneside Riders CC	41	04:41
6	19:03:00	Deborah	Jefferies	Manilla Cycling	42	04:46

Women's Time Trial Bike Category						
No	Start Time	Name		Club/Team/Association	Age	H'cap
7	19:03:30	Erica	Short	Darlington Cycling Club	74	09:32
8	19:04:00	Caroline	Wallace	Moonglu CC	52	05:43
9	19:04:30	Lucia	Borradaile	CC Weymouth	65	07:33
10	19:05:00	Sarah	Foulds	Velo Culture	42	04:46
11	19:05:30	Vanessa	Barker	Hull Thursday RC	48	05:19
12	19:06:00	Sandra	Burrows	Vive Le Velo	57	06:19
13	19:06:30	Caroline	Ratcliff	Ferryhill Whs	58	06:27
14	19:07:00	Kate	Sanderson	Cleveland Wheelers CC	55	06:04
15	19:07:30	Sue	McFarlane	Army Cycling	43	04:51
16	19:08:00	Karen	Taylor	Springfield Financial RT	56	06:12
17	19:08:30	Jo	Scott	Darlington Cycling Club	59	06:36

Men's Road Bike Category						
No	Start Time	Name		Team/Team/Association	Age	H'cap
18	19:09:00	James	Dickson	AIMS Cycling	41	01:59
19	19:09:30	Michael	Phillips	Drighlington BC	76	06:49
20	19:10:00	Neil	Wishart	Darlington Cycling Club	82	08:41
21	19:10:30	Paul	Daly	Manilla Cycling	42	02:03
22	19:11:00	David	Jeffery	Manilla Cycling	40	01:54
23	19:11:30	John	Davidson	Reifen Racing	60	03:49
24	19:12:00	Joe	Applegarth	Durham Triathlon Club	83	09:03
25	19:12:30	Jez	Willows	Sherwood CC	58	03:34
26	19:13:00	John	Leach	Rosendale RC	78	07:22
27	19:13:30	Dave	King	Ferryhill Whs	76	06:49
28	19:14:00	Mark	Bailie	Tyneside Vagabonds CC	44	02:13
29	19:14:30	Peter	Greenan	Ferryhill Whs	56	03:20
30	19:15:00	Kevin	Humphreys	Sherwood CC	63	04:14
31	19:15:30	Andrew	Lambe	Ilkley CC	52	02:55
32	19:16:00	Steven	Madeley	Darlington Cycling Club	61	03:57
33	19:16:30	Howard	Heighton	Ferryhill Whs	50	02:43

34	19:17:00	Ian	Gaskins	Zurbaran Racing	48	02:33
35	19:17:30	John	Flanagan	Moonglu CC	63	04:14
36	19:18:00	Kenny	McLellan	Reifen Racing	51	02:49
37	19:18:30	Shaun	Tyson	Protech Velo	52	02:55

Men's Time Trial Bike Category						
No	Start Time	Name		Club/Team/Association	Age	H'cap
38	19:19:00	Richard	Howe	Bishop Auckland CC	63	04:14
39	19:19:30	Mike	Jefferies	Cleveland Wheelers CC	41	01:59
40	19:20:00	Paul	Dawson	VTTA (North)	62	04:05
41	19:20:30	Bryan	Harding	Durham Triathlon Club	64	04:23
42	19:21:00	John	Tiffany	Harrogate Nova CC	80	07:59
43	19:21:30	Paul	Wynne	Kinross CC	63	04:14
44	19:22:00	John Eric	Potter	VTTA (Yorkshire)	68	05:03
45	19:22:30	Steven	Clarkson	Harrogate Nova CC	65	04:32
46	19:23:00	George	Young	Clifton CC York	72	05:51
47	19:23:30	John	King	Janus Road Club	85	09:53
48	19:24:00	Mark	Casey	Seacroft Whs	55	03:13
49	19:24:30	Phil	Wright	Hartlepool CC	68	05:03
50	19:25:00	Andy	Delaney	Northumbria Police C.C.	54	03:07
51	19:25:30	Richard	Durham	Settle Wheelers	68	05:03
52	19:26:00	Dougan	Collins	Zurbaran Racing	58	03:34
53	19:26:30	Ian	Hutchinson	Cleveland Wheelers CC	67	04:52
54	19:27:00	Dave	Johnson	Wetherby Velo	50	02:43
55	19:27:30	Paul	Ryan	Northumbria Police C.C.	58	03:34
56	19:28:00	David J	Gibson	Border City Whs CC	63	04:14
57	19:28:30	David	Hird	Hambleton RC	47	02:28
58	19:29:00	David	Taylor	Huddersfield RC	67	04:52
59	19:29:30	David	Nichol	Ferryhill Whs	71	05:38
60	19:30:00	Alex	Ingham	AIMS Cycling	49	02:38
61	19:30:30	Paul	Tyler	Ferryhill Whs	65	04:32
62	19:31:00	Steve	Burrows	Vive Le Velo	63	04:14
63	19:31:30	Danny	Kelly	Seacroft Whs	49	02:38
64	19:32:00	Lee	Ridden	Reifen Racing	55	03:13
65	19:32:30	Malcolm	Steer	Darlington Cycling Club	58	03:34
66	19:33:00	Terry	Parvin	Ferryhill Whs	63	04:14
67	19:33:30	Mark	Burtonshaw	Harrogate Nova CC	64	04:23
68	19:34:00	Edward	Kingsley	Darlington Cycling Club	40	01:54
69	19:34:30	Ed	Tarelli	Race Hub	51	02:49
70	19:35:00	Mark	Campbell	Fietsen Tempo	57	03:27
71	19:35:30	Wayne	Coates	Team Bottrill	64	04:23
72	19:36:00	Simon	Emsley	Velo Culture	51	02:49
73	19:36:30	David	Leckenby	ADDFORM Vive Le Velo	59	03:41
74	19:37:00	Mike	Dalton	Stockton Wheelers CC	42	02:03

75	19:37:30	Grant	Whiteside	Harrogate Nova CC	49	02:38
76	19:38:00	Neil	Fearn	Harrogate Nova CC	43	02:08
77	19:38:30	Adrian	Dent	Team Ohten Aveas	62	04:05
78	19:39:00	Paul	Newman	Richmond CC	56	03:20
79	19:39:30	Ian	Swinscoe	Moonglu CC	54	03:07
80	19:40:00	Simon	Horsley	Legato Racing Team (LRT)	58	03:34
81	19:40:30	Shaun	Wakes	Ferryhill Whs	55	03:13
82	19:41:00	Blair	Buss	ADDFORM Vive Le Velo	58	03:34
83	19:41:30	Russ	Richardson	Zurbaran Racing	66	04:42
84	19:42:00	Stephen	Adamson	Fietsen Tempo	50	02:43
85	19:42:30	Matt	Hill	Zurbaran Racing	62	04:05
86	19:43:00	Phil	Hall	Velo Culture	49	02:38
87	19:43:30	Marcel	Schubert	Darlington Cycling Club	41	01:59
88	19:44:00	Richard	Oakes	Team Ohten Aveas	54	03:07
89	19:44:30	Graeme	Carter	Stockton Wheelers CC	49	02:38



Veterans Time Trials Association

Competitive Cycling for Life

OVER 40? BE YOUR BEST!



Angela Carpenter
2021 VTTA Women's
National Champion at 10,
15, 25, 30 & 50 miles



Andrew Meilak
2021 VTTA Men's
National Champion at
100 miles

If you are over 40 and time trialling is your thing, then join the VTTA.

The VTTA encourages all aged 40 and over to strive to be the best they can.

YOUR best will be recognised.

We have almost 3000 members spread between 16 regional groups so provide UK wide activity. We promote about 100 time trial events a year, including eight national championships from 10 miles right up to 24 hours; we also run three season long national competitions over a range of distances. The local groups also offer competitions and awards for their own members.

All events and competitions are run on an age handicap system which is gender specific, so women and men of all ages compete on an equal footing and have an equal chance of winning a prize.

Riders can also compete 'against themselves' in individual challenges called 'Standards', in which your performance is compared against previous seasons.

We also manage national and group age records for men and women at the different time trial distances and on velodromes.

Members receive four magazines per year and our annual handbook, either in print or digitally.

Membership fees vary by group (due to varying localised costs and member benefits) but is typically £15 to £20 plus a modest additional optional fee for Standards entry. Most members retain membership of their cycling club whilst a VTTA member, but you can join the VTTA and race with it as your main club.

Visit us on social media:



**JOIN
US...**

You can find out more and join
any VTTA Group online at:

www.vtta.org.uk